



Detailed Report on World Homoeopathy Day 2026

**Organized by: National Commission for Homoeopathy (NCH) as collaborator
with CCRH and NIH**

Venue: Vigyan Bhawan, New Delhi

Date: 10-11th April 2026

World Homoeopathy Day is observed every year on **10 April** to celebrate the birth anniversary of Dr. Samuel Hahnemann, the founder of Homoeopathy. Every year, under the aegis of the Ministry of Ayush, the Central Council for Research in Homoeopathy (CCRH), National Commission for Homoeopathy (NCH), and National Institute of Homoeopathy (NIH) jointly organize a national event to commemorate World Homoeopathy Day, celebrating the significance and contributions of homoeopathy in healthcare. Continuing this tradition, the World Homoeopathy Day 2026 event was organized as a two-day event at Vigyan Bhawan, Delhi. The theme for this year's programme was "Homoeopathy for Sustainable Health"

The programme featured inaugural and technical sessions focusing on the advancement of Homoeopathy. National Commission for Homoeopathy laid Emphasis on Ethics and conduct in Homoeopathic practice /Paradigm shift in Homoeopathic Education and core Clinical excellence in Homoeopathy through its sessions Eminent speakers delivered lectures on research developments, education standards and the integration of Homoeopathy into public healthcare. Panel discussions were also held on strengthening professional ethics and promoting quality education in the field.

Inaugural session highlights

The program was inaugurated by **Shri Prataprao Ganpatrao Jadhav, Hon'ble Minister of State (Independent Charge), Ministry of Ayush and Ministry of Health and Family Welfare** on 10th April, 2026. In his inaugural address, he highlighted that homoeopathy is steadily strengthening its role in India's public healthcare system, particularly by providing accessible and affordable care in rural and underserved areas. It was also emphasized that, supported by strong research, education, and ethical practices, homoeopathy is emerging as a sustainable and patient-centered healthcare system for the future. Also present at the inauguration was the guest of Honour **Padam Shri Vaidya Rajesh Kotecha, Secretary,**

Ministry of Ayush, where he emphasized that strengthening research, improving patient care systems, and promoting evidence-based practices are essential for establishing homoeopathy as a globally respected and sustainable healthcare system, while also urging stakeholders to change the perception that imported medicines are superior and to promote India's homoeopathy industry as world-class through better branding and awareness. **Dr. Tarkeshwar Jain, Chairperson, National Commission for Homoeopathy** mentioned that Homoeopathy, deeply rooted in India's cultural and traditional values, is being strengthened through expanded national support, education reforms and awareness initiatives to establish it as a widely accessible and future-ready healthcare system. **Ms. Alarmelmangai D., Joint Secretary, Ministry of Ayush** was also present where she highlighted the need to strengthen homoeopathy through robust scientific research, quality education, and collaborative efforts to build strong evidence base for wider acceptance as a reliable and affordable healthcare system. **Dr Preetha Kizhakkutil, Advisor (Hom.), Ministry of Ayush** was also present and added that homoeopathy, rooted in Dr. Hahnemann's vision, should evolve as a compassionate, patient-centric and evidence-informed system. **Dr. Subhash Kaushik, Director General, Central Council for Research in Homoeopathy**, warmly welcomed all dignitaries and participants and emphasized that World Homoeopathy Day aims to promote evidence-based Homoeopathy as a holistic, safe, and cost-effective system of healthcare by strengthening scientific research and integrating it into healthcare policy. **Dr. Pralay Sharma, Director, National Institute of Homoeopathy** gave the vote of thanks by expressing gratitude to all dignitaries, government officials, organizing institutions, support staff and participants for their collective efforts.

Following digital and physical releases were done in the inaugural session by NCH

- First Certification course Good Clinical Practices guidelines for Clinical Trials in Homoeopathy for practitioners on Ayush Grid Portal under BERH (NCH)
- Volume-2 of Act, Rules and Regulations by NCH
- A-V compilation of activities happened across India in colleges, State councils and Homoeopathic organizations under initiative of NCH to celebrate "Homoeopathic awareness week" from 1st to 7th April 2026.

Technical sessions were held as per following plan:

TIME	SESSION CHAIR	SPEAKER	TOPIC	CONVENOR and RAPPORTEUR

3.00 P.M to 4.00 P.M	Dr. Tarkeshwar Jain (Chairperson -NCH)	Dr Harcharan Jeet Kaur (President-BERH)	Strengthening the National Register of Homoeopathy: Vision, Process & Roadmap	Convenor- Dr Sanjay Gupta (Secretary-NCH) and Dr Monika Kathuria (Sr – Consultant NCH)
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1. Session Report; Strengthening the National Register of Homoeopathy: Vision, Process & Roadmap

This session was precluded by a short presentation on and clarification on the circular on ethics by President (BERH) Dr Harcharan Jeet Kaur in which she highlighted the do's and don'ts of ethical practice in clinical settings in context to the circular issued by BERH on 29/01/2026

Later a detailed session was taken by her on **Strengthening the National Register of Homoeopathy: Vision, Process & Roadmap** -she extensively explained the NRH workflow, its pros and challenges in getting practitioners on board.

This presentation was very informative and created inquisitiveness among the audience and it was announced that the queries will be made on the following day in panel discussion. Session Chair Dr Tarkeshwar Jain concluded the session by giving the latest statistics on NRH data in BERH and appealed to all the practitioners that awareness shall be created in their respective states about the importance of NRH as registered practitioner

4.00 P.M to 4.20 P.M	Dr. Anil Khurana (Former Chairman - NCH) Co-Chair Dr. Anand Kumar Chaturvedi (Member- MARBH)	Dr. Subhash Singh Former Director, National Institute of Homoeopathy, Kolkata (Ministry of Ayush, Govt of India) & Former Member NCH	Applied Organon in day-to-day practice	Convenor: Dr Varsha Sharma (Sr Consultant- NCH) Rapporteur Neha Verma (Consultant – NCH)
4.20 P.M to 4.40 P.M		Dr. Ashok Sharma Senior Medical Officer, Delhi Govt.	. Homoeopathic approach to Mental Disorders	
4.40 P.M to 5.00 P.M		Dr. Juhi Gupta Associate Professor Dept. of Human Physiology & Biochemistry Govt. Homoeopathic Medical College & Hospital, Bhopal	Integrating Philosophical concept of wellness with current Homoeopathic practice	

5:00 P.M to 5:20 P.M		Dr S .Praveen Prof. & HoD, PG Department of Psychiatry, MNR Homoeopathic Medical College, Sangareddy, Hyderabad	Homoeopathic approach to rare disorders	
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2.Session Report -

1. Dr. Ashok Sharma, M.D.(Hom), CMO (SAG)

Homoeopathic approach to Mental Disorders

Importance of this session and how it relates to the WHD theme:

- The Crisis: There is a massive quantitative gap between the number of people needing mental health support in India and the available trained professionals.
- The Approach of presentation: It highlights a holistic view where the "mind" is the central focus of human health, and mental wellness is defined by the harmony of how one thinks, feels, and acts

The presentation emphasized that mental health is a balance of cognition, affect, and conation, where homeopathic remedies serve as a stimulus to restore the body's natural "vital force." It concludes that effective psychiatric management requires a holistic understanding of the patient's unique mental state to improve long-term clinical outcomes.

Clinical Methodology approach: Practitioners are encouraged to observe the patient as a "layman and focus on the "3P" states: Present, Persistent and Predominating symptoms.

Key points covered in the presentation

- Human Rights Concern: The lack of medical staff and educational seats for psychiatric specialty is viewed as the violation of patient rights.
- Hahnemann's philosophy: Dr. Samuel Hahnemann posited that the "Mind is the key to Man," meaning personality is defined by mental reactions.
- Psychiatric Equilibrium: Normal mental function requires a balance between Cognition (thinking), Affect (emotion), and (behavior).
- Adaptive Symptoms: Psychological symptoms are considered the organism's adaptive efforts to manage stress and maintain internal balance.

Special message or recommendation – Speaker emphasized that there is Infrastructure Gap: India faces a severe shortage of mental health professionals, including a deficit of nearly 19,000 clinical psychologists and 28,500 psychiatric nurses. There is a massive quantitative gap between the numbers of the people needing mental health support in India and the available trained professionals. More trained professionals are needed to fill this quantitative gap.

Key Outcomes / Take-home Message - The presentation emphasizes that mental health is a balance of cognition, affect, and conation, where homeopathic remedies serve as a stimulus to restore the body's natural "vital force." It concludes that effective psychiatric management requires a holistic understanding of the patient's unique mental state to improve long-term clinical outcomes.

(Q&A Session) – It was decided to take up the query in the next day session due to shortage of time.

Supporting cases to stress upon the significance of homoeopathic approach in mental disorders:

Case 1: Behavioral Issues in Mental Retardation

Case 2: Mental Indifference and Absent-mindedness

Case 3: Reactive Depression and Guilt

2. Prof. (Dr) Subash Singh (Dept of Organon of Medicine, NIH KOLKATA

Applied Organon in day-to-day practice

Introduction of the speaker: Director of NIH, Kolkata; held key editorial roles in multiple homoeopathic journals; served as a member of national regulatory and pharmacopoeia bodies. with over 25 years of experience in teaching and clinical practice. He highlighted in his session that:

Why the session was important and how it relates to the theme

Applied Organon is the bridge between **theory and real clinical practice**.

- **Individualization and totality of symptoms** remain the cornerstone of homoeopathic treatment. Careful **observation, case-taking, and patient understanding** are key to successful prescriptions. Even in **chronic and complex cases**, classical principles can yield significant improvement. The physician's role is not just to prescribe, but to think, analyse, and apply principles wisely. True success in homoeopathy lies in **consistent application of fundamentals, not shortcuts**. Let us move from **knowledge to action—towards effective and compassionate healing**.

The presentation explained how to apply principles of the *Organon of Medicine* in daily homoeopathic practice, emphasizing symptom totality, patient observation, and individualized remedy selection. It bridges theory and clinical practice through real case studies demonstrating diagnosis, remedy choice, and patient improvement.

1. Spinocerebellar Ataxia (SCA) Case

2. Right Cystic Lymphangioma Case

SPECIAL MESSAGE OR RECOMMENDATION

The session speaker emphasized that Applied Organon is the bridge between **theory and real clinical practice**.

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- Careful **observation, case-taking, and patient understanding** are key to successful prescriptions.
- Even in **chronic and complex cases**, classical principles can yield significant improvement.
- The physician's role is not just to prescribe, but to **think, analyse, and apply principles wisely**.
- True success in homoeopathy lies in **consistent application of fundamentals, not shortcuts**.

Audience Interaction (Q&A Session)-

1. What is the importance of §6 in Organon? Answer: It emphasizes observing the totality of symptoms as the complete picture of the disease.
2. What is the role of characteristic symptoms (§153)? Answer: They are peculiar, uncommon symptoms that help in selecting the most appropriate remedy.

Take-home Message-Applied Organon is not just understanding, it is clinical execution of principles.

2. **Integrating Philosophical concept of wellness with current Homoeopathic practice** (Dr. Juhi Gupta Associate Prof and HOD of Human Physiology at Government Homoeopathic Medical College & Hospital, Bhopal)

Dr. Juhi Gupta is an accomplished academician, researcher, and clinician in Homoeopathy, currently serving as Associate Professor and Head of the Department of Human Physiology at Government Homoeopathic Medical College & Hospital, Bhopal. With qualifications including BHMS, MD (Hom.), and PhD, she also holds diplomas in software and nutrition

Importance of session and how it relates to the theme- Sustainable health in homoeopathy is achieved through gentle medication, holistic care, lifestyle correction, and adherence to natural principles assuring long-term, safe, and balanced health outcomes. It highlights the integration of homoeopathic philosophy with modern wellness practices to achieve sustainable health. The session highlighted maintaining balance within the body and with the environment, following Hahnemann's principles of individualized treatment, minimum dose, and avoidance of suppression. The presentation also stresses the importance of diet, lifestyle, exercise, and ancillary therapies in supporting cure and removing obstacles to recovery.

Key points to validate the Integration of philosophical wellness concepts with modern homoeopathic practice mentioned by Dr Juhi Gupta were,

- Balance within the body
- Balance with the environment
- Individualization
- Importance of diet and regimen
- Large doses
- Suppression of symptoms
- Treating disease instead of the patient
- Proper diet
- Healthy lifestyle
- Exercise/Yoga
- Detoxification
- Removal of maintaining causes

Supportive measures along with medicine:

- Physiotherapy
- Local applications
- Inhalation (olfaction)

Important Aphorisms (for reference)

- §259–263: Diet & regimen
- §284–291: Mode of administration & supportive treatment

Role of lifestyle in Homoeopathy

- removal of obstacles to cure
- Ensures long-term recovery

Audience Interaction (Q&A Session)-Q1. How can wellness be achieved after imbalance?

Answer: Through diet, lifestyle changes, exercise/yoga, detoxification, and proper treatment.

Q2. Which aphorisms are important for sustainable health?

Answer: §259–263: Diet and regimen, § 284–291: Mode of administration and supportive care

Take-home Messages- Homoeopathy ensures **holistic, gentle, and sustainable health** through remedy + lifestyle + supportive care

3. Prof. Dr. S. Praveen Kumar Prof and HOD, PG Dept. of Psychiatry, MNRHMC, Hyderabad

Topic -Homoeopathic approach to rare disorders

Prof. Dr. S. Praveen Kumar is a renowned homoeopathic physician, academician, and researcher. With qualifications including DHMS, MBS(H), MD (Hom), and PhD, he has held

key roles as Principal and HOD at leading institutions. He also serves on the National Commission of Homoeopathy's Expert Committee in New Delhi.

Homeopathy treats rare diseases through an individualized, holistic approach that focuses on the patient's unique symptoms, lifestyle, stress, and family history rather than only the disease. Remedies are selected based on a detailed evaluation, recognizing that responses vary between individuals. Unlike conventional medicine, which targets specific organs or pathology, homeopathy emphasizes overall well-being and symptom patterns. It may serve as a complementary or alternative option, helping provide palliative care and reduce side effects of standard treatments. Although its effectiveness remains debated and requires further research, homeopathy shows potential in enhancing patient comfort and supporting outcomes in complex, rare conditions.

Key Points of presentation

Homeopathy remedies are selected based on a detailed evaluation, recognizing that responses vary between individuals. Unlike conventional medicine, which targets specific organs or pathology, homeopathy emphasizes overall well-being and symptom patterns

case references with key symptoms and treatment from the PPT:

1. MEDNIK syndrome

Symptoms: Developmental delay, SNHL (deafness), irritability, vesicular eruptions, seizures, feeding difficulty.

Treatment: NV 200 (single dose), Sulphur 0/1 → 0/3 → 0/5; Cuprum Met 30 SOS.

Outcome: Improved activity and speech ("Ammma").

2. Cerebrotendinous Xanthomatosis

Symptoms: Walking difficulty, tremors, dysarthria, progressive weakness, family history.

Treatment: Syphilinum (10M → CM), Cicuta Virosa (0/1 → 0/9), Arnica CM, Guatteria 1X.

Outcome: Slight stabilization, reduced jerks.

3. Multicentric Osteolysis Nodulosis Arthropathy

Symptoms: Joint swelling, pain, blackish discoloration, stiffness, developmental delay.

Treatment: Syphilinum 10M with placebo repetition.

Outcome: Reduced swelling, stiffness, improved function.

4. Gorham's disease

Symptoms: Severe pelvic pain, कमजोरी, missing pubic bone, memory issues.

Treatment: Multiple remedies initially; later Graphites (0/1 → 0/9).

Outcome: Symptom relief, no further bone destruction.

5. Dry Gangrene with Superior Mesenteric Artery Syndrome

Symptoms: Dry gangrene of toes, pain, offensive smell, post-surgical complication.

Treatment: Arnica 1M up to CM with placebo.

Outcome: Pain relief; gradual auto-separation of gangrenous toes, avoided amputation

-Cases showed **symptom-based individualized treatment**, with improvements ranging from mild relief to significant recovery and disease stabilization

Audience Interaction (Q&A Session) - It was told to take up the query in the next day due to shortage of time.

Key Outcomes / Take-home Messages: The Approach: A holistic view where the “mind” is the central focus of human health, and mental wellness is defined by the harmony of how one thinks, feels and acts.

Concluding comments by Session Chair

Dr. Anil Khurana, appreciated the speakers and remarked that the session effectively highlighted a patient-centered approach in homoeopathy, integrating classical principles with contemporary clinical practice while emphasizing ethical care and continuous professional development.

Dr. Subhas Singh demonstrated the practical application of the principles of the Organon in day-to-day clinical practice, with a clear emphasis on totality of symptoms, individualization and sound clinical reasoning.

Dr. Praveen Kumar presented notable work on rare diseases, illustrating the potential scope of homoeopathy in managing complex and chronic conditions, while also underscoring the need for further research and interdisciplinary collaboration.

Dr. Ashok Sharma highlighted the significance of mental symptoms in psychiatric cases and effectively demonstrated the role of homoeopathy in providing holistic mental health care.

Dr. Juhi Gupta offered valuable insights by integrating the philosophical concept of wellness with contemporary practice, emphasizing the importance of lifestyle, diet, and supportive measures in achieving true balance and cure.

Overall, the session reflected the strength of homoeopathy in harmonizing its philosophical foundations with clinical expertise, thereby promoting comprehensive and patient-centered care.

Day -2 on 11th April 2026

Sessions were taken in following order:

TIME	Sesson Moderator	SPEAKERS/PANELIS T	TOPIC	CONVENOR and RAPPORTEUR
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10.00 A.M to 11.00 A.M	Dr. Sanjay Gupta, Secretary, NCH	Dr. Tarkeshwar Jain (Chairman- NCH) Dr Anil Khurana (Former Chairman - NCH) Dr. Pinakin. N. Trivedi (Former President BERH) Dr. Harcharan jeet Kaur (President-BERH) Dr Mangesh Jatkar (President -MARBH) Dr. Rajat Chattopadhyay (President - HEB) Dr. Preetha kizhakuttil , Advisor (Hom.) Dr. Hitesh Purohit, Dr. Gautam Ash, Dr. Pralay Sharma,	Regulating Ethics and conduct in Homoeopathic Practice- Professional Accountability and patients' expectations	Convenor: Dr. Sanjay Gupta (Secretary-NCH) and Dr. Monika Kathuria (Sr Consultant NCH)
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PANEL DISCUSSION SESSION REPORT:

A presentation was given by Dr. Harcharan jeet Kaur President (BERH) on Misleading Advertisements (MLA)/ Objectionable Advertisements (OA) which was followed by panel discussion and question answers session open to the audience.

The panel discussion was moderated by Dr Sanjay Gupta (Secretary-NCH) who highlighted the importance of maintaining high ethical standards in clinical practice. Panelists emphasized professional accountability, transparency in treatment, accurate case documentation and adherence to established guidelines. The need for continuous professional development and evidence-based practice was also underscored to ensure credibility and trust in homoeopathy.

A key focus of the discussion was patients' expectations in modern healthcare. Panelists noted that patients today are more informed and seek not only effective treatment but also clear communication, empathy, and ethical conduct from practitioners. Issues such as informed consent, confidentiality, and responsible prescribing were discussed in depth.

The open house session provided an interactive platform for participants to share their perspectives, raise concerns, and seek clarifications. Students and young practitioners actively engaged in discussions about real-life ethical dilemmas and professional challenges. The exchange of ideas fostered a deeper understanding of balancing traditional principles with contemporary expectations.

There was discussion about whether the patient's details/identity can be disclosed during presenting cases in conferences etc. Some practitioners were curious that how to take care of the thin line difference between ethical and unethical promotion. Concern was also expressed about many pharma companies not being regulated well by the authorities and many patent products without proper evidence-based research are available over the counter in the market.

Panelists also explained that NCH processes any complaints received in concerned board in a time-bound manner

The session concluded with a consensus on the need for stronger ethical regulation, self-discipline among practitioners and patient-centered care. The event successfully reinforced the significance of ethics and accountability in strengthening the future of homoeopathic practice.

CLINICAL EXCELLENCE IN HOMOEOPATHY

TIME	SESSION CHAIR	SPEAKER	TOPIC	CONVENOR and RAPPORTEUR
11.00 to 11.20 A.M	Dr. Janardanan. K Nair (Former President, MARBH)	Dr. Vijaykrishna. V. MD (Hom) (PhD). Professor and PG guide, GHMC and H, Bengaluru.	Clinical outcomes in Primary Hypothyroidism: A comparative look at TSH values Pre and Post Homoeopathic Therapy	Dr. Abhishek Dalmia (Consultant –NCH) Rappateur _Dr. Vibha Mevada Sharma (Consultant-NCH)
11.20 to 11.40 A.M		Dr. Manoj Patel Professor, Dr. MLD Trust, Palghar	Unexplored field of Homoeopathy in Public Health	
11.40 to 12.00 noon		Dr. K. M. Dhawale Director, Dr. M.L. Dhawale Memorial Organisations	To explore scope of Homoeopathy in Psychiatry in Indian Perspective	

Session 4 Report:

Speaker-1

Dr. Vijay Krishna Professor, PG Guide, GHMC & H, Bengaluru

Topic title- Clinical outcomes in Primary Hypothyroidism: A comparative look at TSH values Pre and Post Homoeopathic Therapy

Dr. Vijay Krishna V Current Position is Professor & PG Guide, Department of Homoeopathic Materia Medica at Government Homoeopathic Medical College & Hospital, Bangalore

Session Summary:

This presentation reviewed a study on the clinical outcomes of homoeopathic therapy in primary hypothyroidism, focusing on TSH values before and after treatment. The speaker outlined the inclusion criteria and shared key findings: the highest prevalence of hypothyroidism was observed in the 35–40

years age group, with a gender distribution of 80% women and 20% men. Notably, 26% of patients were asymptomatic.

In terms of remedy distribution, Calcarea sulphurica was prescribed in 12%, Pulsatilla in 10%, and Lachesis in 9% of cases. Potency distribution showed that 200 potency was used in 80% of patients. The final outcomes revealed that TSH levels improved in 92.7% of patients, while 7% discontinued therapy. The conclusion emphasized that homoeopathic therapy is effective in improving thyroid function and offers a promising complementary approach in managing primary hypothyroidism.

Speaker-2

Dr. Manoj Patel Professor, Dr. MLD Trust, Palghar

Exploring Role of Homoeopathy in Public Health:

A Cost-Effective DOER Model for Individualized Community Care through the ASK Workforce

Dr. Manoj K. Patel, MD (Hom), is a senior academician, clinician and public health leader with over four decades of experience in homoeopathy, particularly in community health, psychiatry, and rural outreach in Maharashtra, Gujarat and Karnataka.

He currently serves as Director of Community Health Services at the Dr. M.L. Dhawale Organization and holds key academic and administrative roles within the institution.

Session Summary:

This presentation highlights the potential contribution of homoeopathy to public health through a holistic approach to wellness and disease prevention. It emphasizes how homoeopathy, with its focus on individualized care and natural remedies, can complement conventional healthcare systems. The discussion covers its role in promoting preventive health, reducing the burden of chronic diseases, and supporting overall community well-being. The presentation also explores challenges such as scientific validation, integration into mainstream health policies, and the need for awareness and training of practitioners and the public. Further, Dr Patel shared how they make awareness of homeopathy in tribals and worked on grass route level.

Take home message:

- It's our job to make awareness.
- Priority should be given to rural population.

Speaker-3

- **Dr. K.M. Dhawale**
Director, Dr. M.L. Dhawale Memorial Organizations
- **Topic title-** Scope of Homoeopathy in Psychiatry in the Indian Context

This presentation explores the potential role of homoeopathy in addressing psychiatry. This presentation examined the potential scope of homoeopathy in psychiatry within India, where nearly 80% of mental health conditions remain untreated due to limited resources, stigma and accessibility challenges. It highlights homoeopathy's holistic and individualized approach as a complementary tool in managing psychiatric concerns such as child disability, learning disability and attention deficiency disorders, alongside common conditions like anxiety and depression.

The discussion emphasized cultural acceptance of alternative medicine in India, affordability for diverse populations and the growing demand for integrative mental health solutions. Challenges such as the need for scientific validation, integration into mainstream psychiatric practice and awareness among

professionals and patients are addressed. The presentation concluded by underscoring opportunities for research, policy support and collaborative models that blend homoeopathy with conventional psychiatry to improve mental health outcomes in India.

Concluding Note by Session Chair Dr. K. R. Janardanan Nair

At the close of these insightful sessions, Dr **K. R. Janardanan Nair** Session Chair, expressed sincere appreciation to all the distinguished speakers for their valuable contributions, which collectively highlighted the expanding scope and relevance of homoeopathy in contemporary healthcare.

Dr. Vijay Krishna's presentation provided encouraging clinical evidence on the role of homoeopathic therapy in managing primary hypothyroidism. The significant improvement in TSH levels among a large proportion of patients, along with detailed observations on demographic patterns and remedy selection, underscores the potential of homoeopathy as an effective complementary approach in endocrine disorders.

Dr. Manoj Patel broadened the perspective by emphasizing the role of homoeopathy in public health. His focus on preventive care, holistic wellness and grassroot outreach especially among tribal and rural populations served as a reminder that the true strength of homoeopathy lies not only in treatment but also in awareness and accessibility. His message clearly highlighted the responsibility to expand its reach and reinforce its presence in underserved communities.

Dr. K.M. Dhawale's presentation shed light on an important and often neglected domain of mental health. By addressing the vast treatment gap in psychiatric conditions in India, he illustrated how homoeopathy, with its individualized and holistic approach, can contribute meaningfully alongside conventional systems. The discussion also emphasized the need for integration, research, and wider acceptance in mental healthcare.

Across all presentations, certain common themes emerged: the need for scientific validation, greater integration with mainstream healthcare, and increased awareness among both practitioners and the public. These challenges also represent opportunities for growth, collaboration and innovation within the field.

12 P.M to 1.00 P.M

FUTURE TRENDS IN HOMOEOPATHIC EDUCATION

TIME	SESSION CHAIR	SPEAKER	TOPIC	CONVENOR and RAPPORTEUR
12.00 P.M to 12.20 P.M	Dr. Pinakin. N. Trivedi (Former President BERH)	Dr. Niranjan Mohanty	Effects Of Individualized Homoeopathic Medicaments in Psoriasis: A Single Blind, Simple Randomized, Placebo Controlled Study	<i>Convenor: Dr. Pooja Saxena (Sr -Consultant Hom - Rapporteur Dr. Nidhi Bhatt (Consultant-Hom)</i>
12.20 P.M to 12.40 P.M		Dr. Bipin Jethani		

		Professor, Organon of Medicine, Nehru Homoeopathy Medical College, New Delhi	Autoimmune disorders	
12.40 P.M to 1.00 P.M		Dr. Rajat Chattopadhyay (President - HEB)	Homeopathic Practice in Changing Paradigm	

Session 5 : CLINICAL EXCELLENCE IN HOMOEOPATHY AND FUTURE TRENDS IN HOMOEOPATHIC EDUCATION

Introduction

Clinical excellence in homoeopathy focuses on accurate diagnosis, individualized treatment, and holistic patient care. The paradigm shift refers to adopting modern, evidence-based approaches while staying rooted in classical principles to improve effectiveness and relevance

The session was important as it enhanced clinical skills and improved the accuracy of remedy selection in homoeopathic practice. It also highlighted the need for a paradigm shift toward a more modern, evidence-informed and patient-centered approach

Speaker-1

Prof. (Dr.) Niranjan Mohanty, Eminent Homoeopath-Effects of individualized homoeopathic medicaments in psoriasis: a single blind, simple randomized, placebo-controlled study

Study Design:

- Randomized, single-blind, placebo-controlled
- **90 patients**, 3 groups (Centesimal, 50 Millesimal, Placebo)
- Duration: **2 years**

Assessment Tools:

- **PASI** (disease severity)
- **PDI** (quality of life)
- **RRI** (relapse interval)

Key Results in the study:

- Significant **reduction in severity (PASI)**
- Improved **quality of life (PDI)**
- Increased **relapse-free interval (RRI)**
- Placebo: **No significant effect**
- Both potencies **equally effective**

Conclusion: Homoeopathic treatment is **effective in managing psoriasis**, improving symptoms and quality of life equally in both Centesimal and 50 Millesimal potency.

2. DR. BIPIN JETHANI M.D. (Hom.)

HOLISTIC APPROACH TO AUTOIMMUNE DISORDERS: HAHNEMANNIAN VIEW & EPIGENETICS'

Purpose of the presentation is to give evidence on correlation between epigenetic modifications and the development of autoimmune disorders. Understanding of epigenetics aims to provide new insights in the pathogenesis of autoimmune diseases and the possibility to develop novel therapeutic approaches targeting the epigenome

Autoimmune disorders: Immune system fails to recognize “self” → attacks own tissues.

Epigenetics: Regulates gene expression without changing DNA; influenced by environment, stress, emotions. There is a Strong link between epigenetic changes & autoimmune disease development Disease results from interplay of genetics, environment and epigenetic modifications. Importance of individual sensitivity/disposition in disease manifestation

Concept of “self vs non-self” conflict was explained as Identity conflict and apoptosis. The concept of autoimmune disorders through self -destruction was explained through evidence-based case studies of autoimmune disorders like gullain barre syndrome, Rheumatoid arthritis, alopecia areata, vitiligo and coeliac disease and as per the analysis of the case Epigenetic & Conflict-Based Model flow is as

Trigger (Infection / Emotional Shock), ↓Conflict Shock (Psyche)↓ Epigenetic Modulation ↓ Immune Dysregulation↓ Autoimmune Attack on Myelin↓ Clinical Disease (Paralysis) in the case of gullain barre syndrome. Similarly other diseases were explained too.

Main conclusion: Resource speaker tried to Bring together classical Hahnemannian philosophy with modern concepts like epigenetics. By thoughtfully relating his ideas to §5 of the Organon, as emphasized by Samuel Hahnemann, he highlighted the importance of understanding both exciting and fundamental causes of disease.

3. Dr Rajat Chattopadhyay, PhD (Homoeopathy)President Homoeopathic Education Board National Commission for Homoeopathy

CLINICAL EXCELLENCE AND PARADIGM SHIFT IN HOMOEOPATHIC PRACTICE

Dr Rajat Chattopadhyay emphasized in his short but impactful talk that clinical practice in homoeopathy has seen following transition

Shift toward evidence-based, patient-centred, and personalized care

- **Clinical Excellence = individualized treatment + ethics + evidence + measurable outcomes**
- Focus on Individualized Therapeutic Precision (IHT) using totality of symptoms
- Proven relevance in chronic diseases (PMS, anxiety, pre-diabetes, hypertension) through RCTs
- Need to move from routine/disease-based prescribing → true individualization
- Integration with modern science, epigenetics and systems biology
- Growing role of AI, digitalization, and research advancements
- CBDC curriculum improving clinical training and competency-based education
- Future: Integrative, scientific and globally aligned homoeopathic practice

Concluding remarks by Session Chair Dr Pinakin N Trivedi

He mentioned that it's always a privilege to be part of celebrating our Master's birthday as World Homoeopathy Day. The session has been highly insightful and academically enriching, reflecting key dimensions of contemporary homoeopathic practice.

Prof. (Dr.) Niranjan Mohanty has convincingly demonstrated the clinical effectiveness of individualized homoeopathic medicaments in psoriasis through a well-designed randomized placebo-controlled study. His presentation clearly outlined the stages of healing and reinforced the evidence-based strength of individualized treatment in chronic dermatological conditions.

Dr. Bipin Jethani has offered a deep and integrative perspective on autoimmune disorders by bridging classical Hahnemannian philosophy with modern concepts like epigenetics. By thoughtfully relating his ideas to §5 of the Organon, as emphasized by Samuel Hahnemann, he highlighted the importance of understanding both exciting and fundamental causes of disease. His linkage of mental pathology, emotional and environmental triggers and gene expression with homoeopathic principles made complex concepts accessible, while emphasizing miasmatic evolution and holistic patient understanding.

Dr. Rajat Chattopadhyay has highlighted the important paradigm shift in homoeopathy towards a more scientific, evidence-based, and patient-centered approach. His focus on clinical precision and evolving standards of practice is highly relevant for the future direction of the profession.

Homoeopathy is steadily evolving as a scientifically relevant, patient-centered system that integrates classical principles with modern advances such as epigenetics and clinical research.

Evidence, including studies in psoriasis, highlights its effectiveness in improving outcomes and quality of life, while insights into gene expression and individual susceptibility further strengthen its holistic approach to disease and cure. Despite time limitations, all the speakers have communicated their expertise with clarity and depth, making this session both meaningful and intellectually stimulating.

Valedictory Session

The valedictory session of the World Homoeopathy Day celebration, was held in planery hall on 11th April 2026, marked the successful conclusion of the day's academic and interactive events. The session was attended by distinguished guests, faculty members, practitioners and students.

Chief guest of the event was **Ms. Alarmelmangai D., Joint Secretary, Ministry of Ayush**, in her address, she appreciated the tireless efforts of CCRH, NCH, and NIH in organizing the event and also shared her personal experience of being cured by homoeopathy and how her career path within the Ayush Ministry naturally aligned with homoeopathy-related work. **Dr. Subhash Kaushik, Director General, Central Council for Research in Homoeopathy** briefed about the scientific sessions held by CCRH on 2 days and the important key take ways were about holistic, constitutional approach in genetic, environmental, and systemic influences, how homoeopathy medicines help in protecting plants from pests and ensure good growth etc. **Dr. Pralay Sharma, Director, National Institute of Homoeopathy** mentioned that the two days highlighted valuable research insights, meaningful discussions, and inspiring experiences, showing that homoeopathy is growing stronger. **Dr. Tarkeshwar Jain, Chairperson, National Commission for Homoeopathy** outlined that the session by NCH were divided into two segments. One session was focusing on policy reforms, and the other session was regarding clinical advancement. Welcome address by **Dr. Sunil S Ramteke, Deputy Director General** mentioned collaborative efforts, meaningful discussions, and continuous research are driving the stronger growth and future direction of homoeopathy. In this session 57 STSH and 30 MD quality dissertation awardees were felicitated.

The organizers expressed their gratitude to all dignitaries, speakers and attendees for making the event meaningful and successful.

The session concluded with a vote of thanks by Dr Sanjay Gupta, Secretary-NCH, acknowledging everyone who contributed to the smooth conduct of the program. The celebration ended on a positive note, reinforcing commitment towards ethical and responsible homoeopathic practice and group photograph session

NCH EXHIBITION DETAILS

On the occasion World Homoeopathic Day, commemorating the 271st birth anniversary of Dr. Samuel Hahnemann, a special stall was set up by the National Commission for Homoeopathy (NCH) at Vigyan Bhawan, New Delhi on 10th and 11th April 2026. coordinated by NCH consultants

The stall was graciously visited by several distinguished dignitaries. **Shri Prataprao Ganpatrao Jadhav, Hon'ble Minister of State (Independent Charge), Ministry of Ayush and Ministry of Health and Family Welfare** and **Padam Shri. Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush** visited the stall along with Chairperson, NCH and appreciated the initiative of the commission. Esteemed guests included Dr. Rajat Chattopadhyay (President, HEB), Dr. Harcharan Jeet Kaur (President, BERH), Dr. Sanjay Gupta (Secretary, NCH), Dr Anand Kumar Chaturvedi member MARBH and Dr. Anil Khurana (Former Chairperson, NCH), Dr Hitesh Purohit (Part-time Member, HEB, NCH) among many others.

The stall witnessed an overwhelming response, attracting over 200 plus visitors, including principals of various homoeopathic colleges, students and practitioners from across India, many faculties also inquired about the timeline for receiving their Teacher Code and some about registration on AYUSH portal. Overall, the key questions focused on adjunct registration, MQRL-related issues, electives, NTET certificates and teacher-related credentials.

It served as an effective platform to address and resolve numerous queries related to registration and education boards.

In this way, the two-day event concluded on the occasion of World Homoeopathy Day, and the programme was highly appreciated by the participants. The attendees actively engaged in the sessions, raised questions, and interacted with experts during the sessions as well as during the breaks. This led to meaningful exchanges between approximately 1800 participants and faculty members, thereby fulfilling the objectives of the forum through extensive academic interaction and knowledge sharing.